

## PHYSICAL EXAM

*Holy Cross Head Start, Inc.*

### WELL-CHILD HEALTH ASSESSMENT

Information on this form is considered CONFIDENTIAL and must not be disclosed without proper authority.

**Please complete all sections** per American Academy of Pediatrics (AAP) guidelines

Child's Name: \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Gender: M F Date of Exam \_\_\_\_/\_\_\_\_/\_\_\_\_

Allergies: <input type="checkbox"/> NKA <input type="checkbox"/> YES (Specify) Medications: <input type="checkbox"/> NO <input type="checkbox"/> YES (Specify) Acute or Chronic Illnesses: <input type="checkbox"/> NO <input type="checkbox"/> YES (Specify) Behavioral Concerns: _____	Height: _____ Weight: _____ lbs Blood Pressure: _____ mm/Hg Head circumference (infant): _____ BMI: _____
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#### SCREENINGS AND RISK ASSESSMENT

Lead Blood Level	Date ____/____/____	Level ____ mcg/dl <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal	Treatment needed: <input type="checkbox"/> No <input type="checkbox"/> Yes (Specify)
Blood Count	Date ____/____/____	HGB ____ g/l HCT ____ %	Treatment needed: <input type="checkbox"/> No <input type="checkbox"/> Yes (Specify)
Sickle Cell Risk Screening	<input type="checkbox"/> Performed at Birth Date ____/____/____	Result : <input type="checkbox"/> Normal <input type="checkbox"/> +Disease <input type="checkbox"/> +trait	Treatment needed: <input type="checkbox"/> No <input type="checkbox"/> Yes (Specify)
<b>Vision</b>	<b>Right</b>	<b>Left</b>	<b>Both</b>
Actual (> 3Year)	20/____	20/____	20/____
Gross(<3Year)	<input type="checkbox"/> Normal <input type="checkbox"/> Abnormal	<input type="checkbox"/> Normal <input type="checkbox"/> Abnormal	<input type="checkbox"/> Normal <input type="checkbox"/> Abnormal
Referred	<input type="checkbox"/> Strabismus	<input type="checkbox"/> Strabismus	<input type="checkbox"/> Child wears Glasses
<b>HERARING</b>	<b>RIGHT</b>	<b>LEFT</b>	
	<input type="checkbox"/> Myringotomy Tube	<input type="checkbox"/> Myringotomy Tube	
Acuity (> 3Year)	<input type="checkbox"/> 500 dB <input type="checkbox"/> 1000 dB <input type="checkbox"/> 2000dB <input type="checkbox"/> 4000dB	<input type="checkbox"/> 500 dB <input type="checkbox"/> 1000 dB <input type="checkbox"/> 2000dB <input type="checkbox"/> 4000dB	
Gross(<3Year)	<input type="checkbox"/> Normal <input type="checkbox"/> Abnormal	<input type="checkbox"/> Normal <input type="checkbox"/> Abnormal	

Tuberculosis (TB) Risk Assessment

No Risk Factors  
 Risk Factors Present

\*Considered to be high risk for TB if the answer is yes to one or more of the following:

- Contacts with individuals who have infectious tuberculosis
- Children who are born outside of the United States
- Children determined to have abnormal chest X-rays related to signs of TB
- HIV infected children
- Children with low immune systems
- Children with medical risk factors: Hodgkin's disease, Lymphoma, Diabetes Mellitus
- Chronic Renal Failure, Malnutrition
- Children frequently exposed to adults that are HIV infected, homeless, and residents of nursing homes.
- Migrant farm workers

Assessment	Normal	Abnormal	Referred
General Appearance			
Posture, Gait			
Speech			
Head			
Skin			
Eyes External Aspect			
Optic Fundoscopic			
Cover Test			
Nose, mouth, Pharynx			
Teeth/Gums			
Heart			
Lungs			
Abdomen (include hernia)			
Genitalia			
Bones, Joints, Muscles			
Neurological/ Social			
Gross motors			
Fine motor			
Communication Skills			
Cognitive			
Self Help Skills			
Social Skills			
Glands Lymphatic/Thyroid			
Muscular Coordination			
Others			

#### \*ATTACH CHILD'S IMMUNIZATION RECORD

*If child's not up to date, please indicate specific follow-up dates. OCFS licensing regulation 418.1-11(e)(1) requires Head Start to see evidence of specific follow up appointment dates before it may allow a child to enter program. This facility requires that children who are enrolled in a group care setting have received age-appropriate preventive health services, including screening and immunization that meet the current recommendation of the American Academy of Pediatrics. This schedule is available at [https://downloads.aap.org/AAP/PDF/periodicity\\_scheduled.pdf](https://downloads.aap.org/AAP/PDF/periodicity_scheduled.pdf).*

**Base on information gathered during this examination, I find that this child currently appears to be free from contagious or communicable disease, is receiving health care in accordance with the AAP schedule, and is able to safely attend child day care .**

Signature of Examiner \_\_\_\_\_

Print Name (or stamp) \_\_\_\_\_

Address \_\_\_\_\_

Phone # \_\_\_\_\_

Completed by (if different than Examiner) \_\_\_\_\_

Date Form Completed \_\_\_\_/\_\_\_\_/\_\_\_\_/